

## Appendix F

### **Suggested history questions from the American Academy of Pediatrics et al., 2010**

1. Have you ever passed out or nearly passed out DURING or AFTER exercise?
2. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?
3. Does your heart ever race or skip beats (irregular beats) during exercise?
4. Has a doctor ever told you that you have any heart problems (high blood pressure, high cholesterol, a heart murmur, a heart infection, Kawasaki disease, or other)?
5. Has a doctor ever ordered a test for your heart (for example, ECG/EKG or echocardiogram)?
6. Do you get lightheaded or feel more short of breath than expected during exercise?
7. Have you ever had an unexplained seizure?
8. Do you get more tired or short of breath more quickly than your friends during exercise?
9. Has any family member or relative died of heart problems or had any unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or SIDS)?
10. Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT syndrome, short QT syndrome, Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia?
11. Does anyone in your family have a heart problem, pacemaker or implanted defibrillator?
12. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning?